

What is bullying?

In order for an act to constitute as “bullying,” the act must involve:

1. An imbalance of power (physical, cultural, cognitive, socio-economic)
2. Be a repeated act

Examples of possible acts of bullying:

- **Harassment, humiliation, ridicule**
 - Repeatedly picking on people and making fun of them because they are different from societal norms
 - Sarcastic comments about appearance, race, ethnicity, gender, gender preference, religious preference, or “different” beliefs
 - Taunting, mocking, belittling, or embarrassing comments
- **Intimidation**
 - Attempt to threaten or scare another person (physical or verbal)
 - “fronting” or “chesting” a person
- **Defamation**
 - Speaking falsely about another person with the intent to cause harm
- **Physical Harm**
 - Physically hurting another person when they are not as strong or as big as the offender
- **Destruction or hiding of another person’s property**
- **Electronic**
 - Acts that fall under the definition of bullying that takes place through technological means such as wireless phone texts, videos, pictures, voice mails, computer web pages, social media, or any other type of electronic device

Location of Bullying Offense that is Punishable by the School District

- **School Grounds**
 - Hallways, restrooms, common areas, cafeteria, parking lot, classrooms, athletic fields, and facilities and any other official school property
- **School Vehicle or School Bus**
 - Going to or from school or a school related activity including designated school bus stops
- **Off School Grounds at a School Sponsored or School Related Event**
 - Sporting events, club events, or any other school related or school sponsored event



**Source: National Center For Missing & Exploited Children*