



Kelly Spencer, District Health and Wellness Coordinator of Cabot Public Schools and Central Elementary Dean of Students, was born in Little Rock, Arkansas, and graduated from Cabot High School in 1992. She received a Bachelor of Science in Community Health Education from the University of Arkansas at Little Rock, and then obtained a Master of Science in Kinesiology and Physical Education from the University of Central Arkansas. Mrs. Spencer completed a program of study in Educational Leadership from Arkansas State University in 2012.

This is Mrs. Spencer's ninth year in the Cabot School District. She began at Cabot Junior High North and where she was the head girls' basketball coach, head high school girls' golf coach, and taught physical education and health education classes. Mrs. Spencer also has three years experience teaching at the elementary and middle level before becoming the Health and Wellness Coordinator for the district.

As the Health and Wellness Coordinator, Mrs. Spencer serves as academic support for all physical and health education faculty and staff, chairs the district wellness committee, serves as the Coordinated School Health district program coordinator, organizes staff wellness programs for the district, writes grants for district health initiatives, and serves on the Lonoke County Hometown Health Initiative committee.

Mrs. Spencer, her husband Jed, and Addie, their lab, reside in Cabot where they enjoy traveling and participating in outdoor recreation such as cycling and hiking.