



## Health & Wellness Advisory Committee Minutes

Central Administrative Office-Professional Development Center Room – 3:45 pm

April 26, 2018

Members Present: Megan Curtis (CMSN), Kelly Spencer (athletics), Donna Nash (school board), John Shirron (ACE North), Terena Woodruff (CAO). Jared Walters (JS), Robin Casteel (SC), Emily Madar (MSS), Michael Byrd (CAO), Milton Garris (Cabot Health Unit), Abby Roberts (ES), Erin Wilkes (CAO), Jamie Oitker (CE), Andrea Mendoza (SS), Shay McGivery (ADH).

Meeting began at 3:48 pm.

### **Reports:**

*Food Services:* Please send suggestions/input for menu to Erin Wilkes via the shared google doc.

*Health Services:* No report

*Student Services:* Michael Byrd announced the PRIDE Drug Resistance Celebration will be tomorrow. Kindergarten round-up is completed with 539 registered. The district is now using registration gateway for registration. All students will use this system to register each year.

*Coordinated School Health:* Megan Curtis requested that the School Health Index be completed online by May 18th. The building Indistar representative will be approaching Wellness Committee members to assist.

*Wellness Committee Requirements:* Megan Curtis shared the document showing how and when the District completes all ADE mandated requirements for wellness committees.

*Staff Wellness:* Open basketball nights have been on-going. We are beginning open volleyball nights on May 8th and 15th from 4:30-6pm.

We will have the end of the year District party at the Cabot Aquatics Center. Committee members are encouraged to share ideas on suggested activities.

Milton Garris, Cabot Health Unit, reported that students who won the healthy poster contest have been recognized as part of the National Public Health Week festivities. There is a prostate screening and mammogram screening will be May 22nd in Ward at the Municipal Center. Flyers will be sent to the district to be distributed.

**Other Business:**

Committee membership next year was discussed. Megan Curtis requested that if any committee members are changing locations for the 18-19 school year, or if they need to be replaced, please let her know.

The meeting adjourned at 4:25 pm.