



Cabot JH Cross Country Schedule 2022



Updated: September 20, 2022

<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>	<u>TIME</u>
September 6	Ribbon Meet**	Mt Carmel Baptist Church	5:45 pm
September 10	LR Classic	War Memorial Stadium	8:30 am
September 13	Josh Park Memorial	Heber Springs – Josh Park	4:00 pm
September 20	Medal Meet**	Mt Carmel Baptist Church	5:45 pm
September 24	Cyclone Invitational	Ark Tech Univ., RSVL	9:00 am
September 27	Medal Meet**	Mt Carmel Baptist Church	5:45 pm
October 1	Wampus Cat Inv.**	Beaver Fork Lake	8:30 am
October 8	KTF 5k - Cabotfest	Cabot	TBA
	<i>(Must pay your entry fee/optional – Luau Theme)</i>		
October 11	Trophy Meet**	Mt Carmel Baptist Church	5:30 pm
October 18	Cabot Invitational**	Rolling Hills Country Club	3:45 pm
October 22	Mt. Carmel Invitational**	Mt Carmel Baptist Church	10:00 am

**ALL 7-9 boys and girls will run at these meets.

For the rest of the invitational meets, runners will be chosen and notified.