



Cabot HS Cross Country Schedule 2023



Updated: August 23, 2023

<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>	<u>TIME</u>
August 26	Intersquad Meet **	Mt. Carmel Baptist Church	8:00 am
September 2	Memphis Twilight*	Mike Rose Soccer Complex (<i>Memphis</i>)	6:30 pm
September 9	LR Classic**	War Memorial Stadium	8:00 am
September 12	Josh Park Memorial*	Josh Park (<i>Heber Springs</i>)	4:00 pm
September 23	Cyclone Invitational**	Ark Tech University, (<i>Russellville</i>)	9:00 am
September 30	Wampus Cat Invitational**	Beaver Fork Lake	8:00 am
October 14	Lake Hamilton**	Oaklawn Park (<i>Hot Springs</i>)	10:00 am
October 17	Cabot Invitational**	Rolling Hills Country Club	3:30 pm
October 24	6A Central Conference**	Jonesboro	TBA
November 2	6A State*	Oaklawn Park (<i>Hot Springs</i>)	2:00 pm

* Participants will be chosen and notified to go to these meets.

** ALL runners will compete at these meets.