



Cabot JH Cross Country: 2026 Schedule

Updated: July 30, 2026

**Please check this schedule periodically for changes.*

<u>DATE</u>	<u>MEET</u>	<u>LOCATION</u>	<u>TIME</u>
September 8	Rayburn Sports Ribbon Meet*	Mt. Carmel Baptist Church	5:45pm
September 12	OBU Invitational	OBU, Arkadelphia	9:00am
September 15	Josh Park Memorial	Josh Park, Heber Springs	4:00pm
September 19	LR Classic*	War Memorial Golf Course	8:00am
September 22	Mt. Carmel Medal Meet*	Mt. Carmel Baptist Church	5:30pm
September 29	Pinnacle Structures Trophy Meet*	Mt. Carmel Baptist Church	5:30pm
October 10	Vilonia Invitational*	Vilonia High School	9:00am
October 13	Conway Invitational*	Meadows Tech Park, Conway	4:00pm
October 20	River Valley Jr High Conference Meet	TBA	4:00pm

***ALL runners will compete at these meets.**

All other meets on the schedule, 15-20 athletes will be chosen and notified to represent Cabot.