

Cabot High School 2025-26

Lunch is determined by your 4th period teacher.

Locate their name on this list to see if you are 1st Lunch (11:09-11: 39) or 2nd Lunch (12:03-12:33).

Teacher	Room	Lunch	Teacher	Room	Lunch	Teacher	Room	Lunch
Amis, Denise	2107	2	Graham, Skylar	CT01	2	Polston, Mike	CH104	1
Arellanes, Jessica	FA134	2	Green, Stephanie	1505	1	Powers, Jennifer	2407	1
Armstrong, Tammie	2129	2	Greenshields,Morgan	2511	1	Presley, Sharon	1504	1
Asewicz, Melinda	2424	1	Guenard, Christine	FA130	2	Ragland, Quinton	AG137	1
Ashburn, Maggie	FA134	2	Harless, Cherie	2119	2	Reynolds, Kara	FA123	2
Bailey, John	1432	1	Hart, Rusty	FA123	2	Riley, Jennifer	2432	1
Ballard, Kaleb	1135	2	Heinz, Connor	2505	1	Robinson, Sierra	2434/2404	1
Beaulieu, Tawny	2431	1	Helmbeck, Summer	2122	2	Rogers, Christy	1127	2
Benson, Michelle	2112	2	Henderson, Paula	1131	2	Rogers, Garrett	1418	1
Bing, Clark	1428	1	Herndandez, Myra	1502	1	Rogers, Jason	CH106/1427	1
Binyon, Hannah	1422	1	Hesselbein, Leslie	2501	1	Rowe, Tasha	2421	1
Blansett, Melanie	FA127	2	Hicks, Beth	Ch103/110	2	Rowland, Teresa	CH122	2
Booker, Margaret	1416	2	Hillenburg, Sarah	1503	1	Rush, Hollie	A1131	1
Box, Hillary	CH117	2	Hodge, Tracey	2210	1	Scott, Chris	ROTC	2
Boyd, Zach	1409	1	Jackson, Hunter	1414	1	Selah, Breanne	FA105/2504	1
Brock, Bennie	1423	1	James, Dondra	2417	1	Shepard, Courtney	FA Aud	2
Brooks, BJ	1124	2	Jarmon, Shasta	SL108	2	Shepherd, Mark	2426	1
Brown, Cindy	1408	1	Johns, Danielle	2508	1	Shinn, Jill	MC	1
Bryant, Ashley	2114	2	Johnson, Charles	2412	1	Simpson, Leah	2110	2
Bryant, Joe	2434/2504	1	Johnson, Joan	Ch 105	2	Sirmans, Kristy	1426	1
Bryant, Michael	2108	2	Jones, Hannah	2413	1	Snipes, Paula	1129	2
Burke, Chad	A1108	1	Kastner, Mary	2406	1	Sobczak, Amanda	1410	1
Burlin, Rhonda	2428	1	Kester, Twyla	2416	1	Southard, Shannon	MC	2
Callanen, Haley	AG134	1	Lee, Sarah	2427	1	Souza, Ricardo	1128	2
Calvert, Mike	CH116	2	Lilly, Mitch	B102	2	Stallings, Mallory	1509	1
Collins, Bailey	CH109	2	Lundy, Abby	1107	2	Stein, Tiffany	CH108	2
Cook, Jay	Old Gym	2	Lynch, Angel	1112	2	Stiles, Dana	1133	2
Coombe, Amanda	2503	1	Lynn, Mindy	2433	2	Stivers, Amal	1413	1
Cooper, Ashley	1508	1	Martinez, Vanessa	2509	1	Sumler, Janet	1417	1
Davis, Daniel	AG147	1	Maxwell, Ashley	2502	1	Swackhammer,Dillon	FA135	2
Davis, Nicole	1404	1	Maxwell, Jody	CH102	2	Szilagyi,Abe	AUD	2
Davis, Wes	1123	2	McCarty, Ashley	1114	2	Toms, Lisa	CH118	2
Dickinson, Aaron	SL102	2	McCoy, Chad	1501	1	Treadway, Connie	2429	1
Dippolito, Tanner	1130	2	McDonald, Emma	1115/1116	2	Usery, Kim	SL107	2
Drake, Cylee	1136	2	McDonnough, Drew	1407	2	Veazey, April	Ch119	2
Ferren, Kaleb	SL105	2	McReynolds, Bill	T04	2	Wade, Stephanie	Ch 112	2
Ford,Gary	2105	2	Melder, Lee	2125	2	Walker, Barbie	1424	1
Forster, Ginger	2422	1	Murtishaw, Mary	1115	2	Weatherford,Jacob	1134	2
Franklin, Phillip	FA123	*	Neal, Grace	CH103	2	Weigner, Josh	2127	2
Fulton, Kelli	2129/2131	2	Neiswender, Ian	FA123/1511	*	Wheat, Emily	CH111	2
Gately, Tammy	2434	1	Nelson, Heather	1118	2	White, John	1108	2
Gibson, Blake	1433	1	Nguyen, Sheila	2421	1	Wilson,Becky	CH101	2
Gibson, Sean	ROTC	2	Nyborg, Craig	1434	2	Wilson, Braden	2127	2
Gilbert, Leah	1109	2	Nyborg, Jayme	CH120	2	Wilson, Brandon	1511	1
Glover, Dylan	T02	2	Park, Alec	1431	1	Wilson, Liz	2411	1
Goff, Derrek	1429	1	Patterson, Andrea	CH115	2	Young, Donna	2412/2405	1

Goodman, Helen	FA143	2		Peerson, Lindsey	1119	2			
Total Teacher Count	140								