

Hello, my name is Nurse Maddie, I will be caring for your child this year. Please read the helpful tips below and the attached information. If you have any questions, please stop by the health room or call the office. You may email me at: madisan.wylie@cps.k12.ar.us.

If your child still needs to meet the immunization and/or physical requirements, please ensure you do so as soon as possible.

If your child has any health needs, please come by the health room or call and schedule a meeting with me. If your child has a health condition, such as asthma, diabetes, an allergy that requires an Epi-Pen or a special diet, heart conditions, seizures, etc you will need to schedule an Individual Healthcare Conference with me as soon as possible. If you need to bring in medication, you may do so this week. There are required forms that must be signed. **Prescription medication** must have the following information on the label: Student's full name; name and dosage of medication; time and directions for administration; the physician's name and a current date. **Non-prescription medication** may be given with parental permission for a total of **five** doses per semester. **An adult must bring in all medication, including non-prescription medication.** A licensed prescriber order will be required if administration exceeds five doses. **Medication will be given no more than once during the school day, without a prescriber order. Please do not send any medications with your child or send them in "baggies". Students are not permitted to have medication in their possession on school property or on the school bus.** If you would like your child to have cough drops, you must provide them, and an adult must bring them in with a parent note to give permission. They will stay in the nurse's office, and your child may come up to get them. We asked that students who take morning medication have them administered at home to allow them to be prepared to perform their best once at school. However, we understand there are circumstances that may not allow your child to take their medication at home. Please feel free to discuss any issues this may cause, and we can develop a plan that fits best for your child.

To provide our students with a healthy environment in which to learn, parents should follow these guidelines:

- If the student complains at home before school, the parent should take his/her temperature and keep the child home if the temperature exceeds 99.9 degrees.
- If the student complains of stomach disorders such as nausea, vomiting or diarrhea, he/she should not be sent to school.
- If the student has a rash of unknown origin or has a suspected condition (such as chicken pox), which may be contagious, the parent should not send him/her to school until a physician has diagnosed the condition and provided written clearance to attend school.
- If a student is sent home from school with fever or vomiting, he/she should not return to school the next day. A child should be free from fever or vomiting for twenty-four (24) hours before returning to school without fever-reducing medication or antiemetics (a medication that treats nausea and vomiting).

Occasionally, children become ill at school. The school must notify parents. The following are some of the conditions which may be cause for the student to be excluded from school for the remainder of the school day or longer:

- Fever of 100 degrees or higher;
- Vomiting and/or diarrhea;
- Symptoms of contagious conjunctivitis such as redness, pus-like discharge, or "gritty feeling" in eye (the student may return to school after being on medication for 24 hours);
- Symptoms of contagious skin diseases such as impetigo or scabies;
- Serious injuries (deemed such by the school nurse, principal, or teacher);
- Presence of head lice or nits;
- Symptoms that the school nurse, principal, or teacher deem as a possible health risk to the student and/or to the other students in the school.

Kindergarten/1st grade students may want to have a change of clothes that include a shirt, bottoms, and undergarments in a Ziploc bag to keep in their backpack for occasional accidents. I have only a small amount of clothes in the health room for accidents.

I am here for your child! Please do not hesitate to call me or email me for any needs!

Sincerely,
Madisan Wylie, RN
Eastside Elementary School Nurse
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