

Elective Course Descriptions

Academic Acceleration (AA): This is an extra help class for math and literacy skills in which students work on a computer program known as Apex or Jedi. While this is not a homework lab or study hall, students who finish their AA work for the day may use the remaining time in class to study or do homework.

ETE I/II: Engineering and Technology Education (ETE) is a full-year course of classroom and laboratory activities dedicated to exploring the ever-changing technology around us. Students have a variety of hands-on activities while completing the course by making use of computers, GPS, digital photography equipment, wind tunnels, air brushes, HD video equipment, and various hand tools and shop equipment. Please note: Eighth graders are given priority when scheduling students into this class (seventh graders for whom there isn't space can take it as eighth graders).

Intro to Forensics/Debate: This is a place where students can grow and learn in numerous ways. The goal of this program is to develop students who have strong interpersonal and organizational communication skills; who have a love and appreciation for the performing arts; and who demonstrate creativity, teamwork, empathy, a love of learning, and a strong work ethic. Students are required to work outside the normal school hours. Many devote at least ten hours each week outside of school for rehearsal, performance, production, and tournaments. We strive to be the pinnacle of student success not only in Forensics, but also in the areas of leadership, social service, and academics.

Reading: This is a course designed to promote successful reading strategies across the curriculum. Emphasis is placed on the reading of nonfiction works of multiple genres. This class is a great choice for the student who loves to read, as well as the one who needs more reading time to improve skills.

Physical Education: This coeducational course is designed for the development of neuromuscular skills and physical fitness; understanding rules and strategies; and good use of leisure time. Opportunities are provided for both individual and team performance.

Visual Art I/II: Students in this course learn basic drawing techniques in pencil, pen, and ink, as well as basic color theory in painting. Specific artists, styles, and periods of art are explored. This is an entry level course for students preparing to take additional art courses in high school.

Vocal Music: The Cabot Choir is an opportunity for students to grow musically and develop better vocal production. All-region tryouts, as well as weekend and evening activities, are parts of the choir program.

Instrumental Music: This course allows students to become successful musicians for the instruments they are assigned. Seventh grade band students are placed in a class with only their instrument. Eighth grade students are placed in one combined band class to begin readiness for the Cabot High School band program.

Athletics: All sports require a medical physical exam for participation. Athletes wanting to participate in two sports should register for the one that has its season closest to the beginning of the school year.